



October 2025

Little People of America (LPA), the leading nonprofit advocating for individuals with dwarfism and their families, is proud to kick off Dwarfism Awareness Month — also known by many as Dwarfism Pride Month — this October.

This year's theme, "Supporting All of Us for Each of Us," reflects LPA's core value of building a community rooted in belonging, advocacy, and mutual support. It's a reminder that true community is built on showing up for one another.

Within LPA, we recognize that no journey with skeletal dysplasia is the same. Whether it's advocating for accessibility, challenging stereotypes, navigating health care, or simply celebrating identity, each story matters. And when we uplift our individual stories, we are strengthening the entire community.

"When we support all of us, we empower each of us," said Eileen Norman, President of Little People of America. "That's the heart of LPA. That's the meaning of pride."

This spirit of community has guided LPA since its founding in 1957 by actor and activist Billy Barty, whose vision was to create a safe, supportive space for people with dwarfism to come together, share resources, and advocate for change. Nearly seven decades later, his legacy lives on in the work of LPA members and allies nationwide.

What begins as a month focused on education and awareness about who we are—aimed at diminishing the staring, public ridicule, and discrimination that often accompany simply living with skeletal dysplasia—has now grown into a tangible movement we believe strengthens Billy Barty's legacy.

As with all progress, change is inevitable, and we have undergone changes throughout the many years since our establishment in 1957. Now more than ever, we have progressed beyond simple awareness to that of advocacy, empowerment, allyship, and true community. That said, we are excited to share that, starting in 2026, we will be rebranding October to no longer be known as Dwarfism Awareness Month, but rather as Dwarfism Advocacy Month or Dwarfism Pride Month. Whichever expression you choose, we are right there with you!

We know that there may be feelings about this change, but through Supporting All of Us for Each of Us, we can truly have an Advocacy month that moves beyond making people aware of who we are, which focuses too much on making people feel comfortable being around us. And instead, focusing on building a world that fully advocates for our rights, for our needs, and for the fundamentals of who we are. LPA is committed to creating a world



where society needs to make us feel comfortable around them, not the other way around. October is more than just awareness; it's also progress.

This October, LPA will focus on advocacy and sharing our pride about dwarfism, challenging misconceptions, sharing knowledge, and ensuring that people with dwarfism have equal opportunities in education, employment, and everyday life.

Welcome to Dwarfism Advocacy Month!

About Little People of America

Founded in 1957 by Billy Barty, Little People of America is a nonprofit organization that provides support, resources, and information to people of short stature and their families. With more than 7,000 members, LPA is dedicated to advocacy, awareness, and fostering a sense of community for individuals with dwarfism.

For more information about Dwarfism Awareness Month and how to get involved, visit www.lpaonline.org or follow along on social media using #DwarfismAwarenessMonth #DwarfismAdvocacyMonth and #SupportingAllofUsforEachofUs.